



Florida St. Seminoles

Newsletter



September 9, 2008

Scrimmage This Saturday

The Seminole A's will play the Tarheels in a football scrimmage this Saturday starting at 12:00 PM. Please wear the regular game uniform (see list below). Make sure to buy a jersey large enough to fit for a while, as your child will use this jersey for the next two football season as well.

All players should be ready to play on the field at 11:45 PM. Those that are late will sit out a significant portion of the scrimmage.

Backfield players (they should know who they are by Saturday) will have a special practice starting at 11:30 PM before the scrimmage.

The scrimmage will last about an hour.

Required Game Uniform (from the top)

Helmet (w/pads, chin strap and mouthguard).
Shoulder Pads
Game Jersey
Football Pants (w/ pads)
Long Maroon socks
Cleats

A Division Football Rules

Here are some more rules unique to 'A' Division football.

- ✓ Defenses must run a 3-4 defense (3 rushers, 4 linebackers and 2 safeties). The only exception to this rule is if a team is within the 5 yard line, the defense can run a 4-4 defense.
- ✓ Onside kicks must travel 15 yards instead of the normal 10 (this rule is not in effect the last two minutes of the game).
- ✓ Each half is 16 minutes of running time, followed by two minutes of stop time (time stops for incomplete passes, penalties, scores, out of bounds and other clock stopping events).
- ✓ All penalties are either 3 or 6 yards (instead of 5, 10 and 15 yards).
- ✓ A team must have 10 players at game time to be eligible for a win. If there are only 9 players present at game time, it is a loss; 8 or less players at game time is a double loss (2 losses).

Activity Schedule

Thursday, September 11

Football Practice – 4:15-5:30 (backfield may stay longer)

Saturday, September 13

Scrimmage vs. North Carolina – 12:00-1:00 – Russell
(Backfield be there at 11:30, all others 11:45)

Tuesday, September 16

Practice & Meeting – 4:15-5:30 – Russell Park

Thursday, September 18

Practice – 4:15-5:30 – Russell Park

Saturday, September 20

Season Opener vs. Falcons – 12:00 – Russell Park

Tuesday, September 23

Practice & Meeting – 4:15-5:30 – Russell Park

Thursday, September 25

Practice – 4:15-5:30 – Russell Park

Saturday, September 27

Game vs. Miami – 12:00 – ARCADIA

Tuesday, September 30

No Activities

Thursday, October 2

No Activities

Saturday, October 4

Game – TBA

Football Showcase - TBA

Tuesday, October 7

Practice & Meeting – 4:15-5:30 – Russell Park

Thursday, October 9

Practice – 4:15-5:30 – Russell Park

Newsletter Available Online

Your child will be given a team newsletter each week. However, that is no guarantee that it will get home. You can view this newsletter on the internet by going to www.denovodental.com/news.htm