



# Florida St. Seminoles

Newsletter



September 2, 2010

## Welcome to the 'A' Division!

### Welcome to the 'A' Division

You are now a member of the Florida State Seminoles in the 'A' Division.

Starting next week (and continuing through the school year), the Seminole A's will be coming on Tuesdays and Thursdays from 4:15 – 5:30. Games will on Saturday, time TBA (in the past, the 'A' division has played in the afternoon). A game schedule will be available shortly.

### Football Uniform and Equipment

There is no football rental equipment available for 3<sup>rd</sup> graders. There are two reasons for this; 1) Rental equipment that is available goes to the 1<sup>st</sup> and 2<sup>nd</sup> graders, and 2) it is important that children have equipment that fits them properly. As children get older, the games become more physical and it is important for your child to be properly protected.

Much of the football uniform is the same as last year; football jersey and pants, shoulder pads, long maroon socks, football helmet and cleats.

**Important!** Please do not forget the mouthguard. This piece of equipment is MANDATORY in order to participate in practices and games. A jersey or shirt must also be worn over the shoulder pads in order to participate in practice.

### Contact Information

Feel free to ask the coaching staff if you have any questions. You can contact Mr. Horton by calling (626) 222-7291 (if I don't pick up, leave a voicemail message) or by email at [phil@denovodental.com](mailto:phil@denovodental.com).

### Newsletter/Calendar Available Online

Your child will be given a team newsletter each week. However, that is no guarantee that it will get home. You can view this newsletter on the internet by going to

<http://www.rhprep.org/phorton/news.htm>

### Cell Phone Numbers Needed

I will be giving out an emergency information sheet to all players for the parents to fill out. I encourage you to include a cell phone number which I can use to text you if activities are cancelled (due to weather) and for schedule changes.





# Florida State Seminoles



## Football Weight Limits

Players will be weighed to determine their eligibility for football. There are several weight restrictions in place to increase the safety of the participants.

### A Division (3<sup>rd</sup> Graders)

Less than 50 lbs	Move down to 'B' Division
50-80 lbs.	No Restrictions
80-90 lbs.	Can play offensive or defensive line only.
90-100 lbs.	Can play offensive line only
100-110 lbs.	Move up to 'AA' Division
Over 110 lbs	Not eligible for football

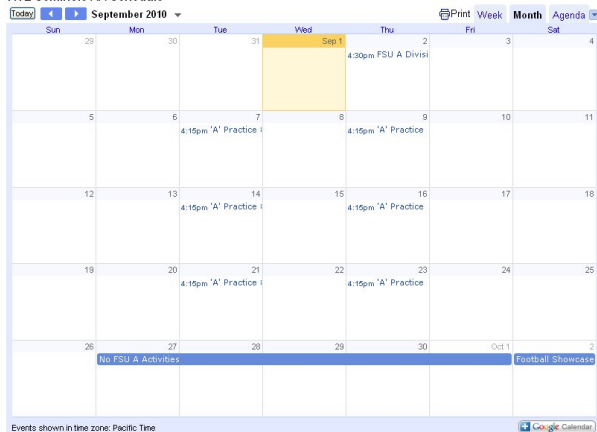
## Important Upcoming Events

Football Registration due..... Saturday, Sep. 18  
 No weekday activities..... Tue., & Thur., Sep. 28 & 30  
 Football Showcase..... Sat., October 2  
 Future Bowl (All-star game)..... Wed., Nov. 10  
 Veteran's Day (No practice)..... Thur., Nov. 11  
 Thanksgiving Holiday (No activities)..... Nov. 25-27  
 Football Championship..... Sat., Dec. 4  
 Basketball Practice begins..... Tue., Dec. 7  
 Christmas vacation (No activities)..... Dec. 21-Jan. 2

An up-to-date calendar of available information is available online at

[rhprep.org/phorton/news.htm](http://rhprep.org/phorton/news.htm)

KYL Seminole AA Schedule



## Activity Schedule

### Tuesday, Sep. 7

Football Practice/Meeting – 4:15-5:30 – Russell

### Thursday, Sep. 9

Football Practice – 4:15-5:15 – Russell

Backfield/Center practice 5:15-5:30 - Russell

### Saturday, Sep. 13

Football Scrimmage – TBA – Russell Park

### Tuesday, Sep. 14

Football Practice/Meeting – 4:15-5:30 – Russell

### Thursday, Sep. 16

Football Practice – 4:15-5:30 – Russell

### Saturday, Sep. 18

League Opener – TBA

### Tuesday, Sep. 21

Football Practice/Meeting – 4:15-5:30 – Russell

### Thursday, Sep. 23

Football Practice – 4:15-5:30 – Russell

### Saturday, Sep. 25

League Game – TBA

### Tuesday & Thursday, Sep. 28 & 30

No activities

### Saturday, October 2

League Game – TBA

Football Showcase – TBA (in evening)

### Tuesday, October 5

Football Practice/Meeting – 4:15-5:30 – Russell

### Thursday, October 7

Practice – 4:15-5:30 – Russell

### Saturday, October 9

League Game - TBA

## Minimum Equipment Requirement for Practice

- Helmet (with chin strap)
- Mouthguard
- Shoulder Pads
- Jersey or Shirt
- Football Pants (w/ pads)
- Cleats (recommended)