

KYL Football Rules for A, AA, & AAA Divisions

Summary of Rules

The official rulebook of the National Federation of State High Schools is used with the following modifications:

Topic (Section #)	A Division	AA Division	AAA Division
Weight Range (1)	50-80 lbs. 80-90 lbs. – Line 90-100 – Off. Line	55-90 lbs. 90-100 – Line 100-110 – Off. Line	65-100 lbs. 100-110 – Line 110-120 – Off. Line
Duration of Games (2)	1st half: 16:00 + 2:00 2nd half: 16:00 + 2:00 Time stops on scores	1st half: 18:00 + 2:00 2nd half: 18:00 + 2:00 Time stops on scores	Both halves 22:00 + 2:00 stop
Time Outs (2)	4 timeouts per game, up to 3 can be used in any one half.		
Runners (3)	5 runners within 2 runs	4 runners within 2 runs	4 runners within 3 runs
Field Goal/PAT (3, 4)	No rush. Ball is dead if it hits the ground, holder lifts knee off ground, or falls forward.	No rush. Ball is dead if it hits the ground, holder lifts knee off ground, or falls forward.	Rush 3 on whistle. Whistle is blown when ball hits tee or ground.
Punts (3, 4)	No rush. No one releases until ball is kicked.	Rush 3 on whistle. Whistle is blown when ball touches punter or ground.	Rush 3 on whistle. Whistle is blown when ball touches punter or ground.
Goal line Defense (4)	Up to 4 players on line if ball is within defensive team's 5 yard line.	Up to 5 players on line if ball is within defensive team's 5 yard line.	Up to 5 players on line if ball is within defensive team's 10 yard line.
Coach Restrictions (6)	<u>1</u> on field at a time. Defensive coach must be behind safeties or outside corners.	1 on field at a time. Defensive coach must be behind safeties or outside corners.	1 on field first 2 league games, none on or after 3rd game. Byes count as a game.
Huddle Time (2)	40 seconds	40 seconds	35 seconds
Kickoff/Touchback	Kickoff: 20 yard line - Touchback: 12½ yard line Onside kick – 15 yards from kick; (10 yards last 2 minutes of game) KO – Team must use tee with ball set-up normally		
Penalties	All 5 yard penalties are 3 yards. - All 10 & 15 yard penalties are 6 yards		
Scoring (6)	Same as High School except kicked PAT's are 2 points, run PAT's 1 point		
Field Dimensions	35 x 60 - 10 yd endzones		